

# Minutes of the Meeting of Directors of Status: Code 4, Inc. (SC4i)

Date: December 18, 2019

Location: 2860 South Circle Drive, Ste. 300, Colorado Springs, CO 80906

December Board Meeting was conducted via email.

The following individuals received the email: Miles De Young, Jeff Burchfield, Daniel Crampton, Chris Heberer, Fr. John Stearns, Heidi Romero, Ann Rush, and Arno van Zoeren.

Board Meeting's Notes:

- Approve Board Meeting notes from November 18, 2019
- Events that have occurred since November 18, 2019
- On-going activities
- Budget
- Marketing Results and Plans for 2019 - 2020

Proceedings:

1) Review of last board meeting's minute notes for November 18, 2019:

- The meeting minutes from the Board Meeting for November 18, 2019 were provided as an attachment via the email to be approved.

2) Events that have occurred since November 18, 2019:

- Received \$800 from the Homes for Hero's Foundation on November 20, 2019.
- Fr. John helped organize the Candle Light vigil on the anniversary of Kelsey Berreth's death on November 22, 2019. His assistance and experience in putting the vigil together was greatly appreciated and significantly contributed to the success of the event. There was over 100 people in attendance and it was televised statewide
- Conducted Mental Readiness training:
  - MHFA to Community (8-hour class) on November 22
  - Mental Health and Resiliency Training (2-hour class) to UC Health EMT cadets and refresher, November 23
  - Resiliency Training to T1 Probation Staff (2-hour class) on December 5
  - Resiliency Training to 911 Authority for El Paso and Teller Counties Staff (1-hour class) on December 10
- Participated with Booths at the following events:
  - Black Forest Giving Thanks on November 23 (part of IndyGive)

- Howl-a-Bazaar on December 14 (part of IndyGive)
- Attended EMS Peer Health Assistance Program on December 10 in Denver, CO; Dan is an Advisor with the Planning Committee
- Provided 63 - 1 to 1.5 hour sessions of individual counseling. We have now completed 1065 counseling sessions worth \$159,750 of trauma counseling at no cost to Colorado First Responders.

3) Current ongoing efforts:

- 911 Authority for El Paso and Teller Counties -- Working with Carl Simpson (CEO) to establish an initial and on-going training component related to vicarious trauma and resiliency. Also working with Jen from WPPD to help tailor content to meet Dispatcher need.
- Received \$10K Grant from Telligen Community Initiative for 2019 to update our EMDR capabilities to support local and rural (on-line) clients. This also includes 12 trips to remote locations.
  - Obtained office EMDR equipment on July 19, 2019
  - Contacted RETAC POCs for all SE Quadrant regions with information. Colorado DA's have offered to help us contact LE POCs in this region as well.
  - Currently assessing online EMDR platform for effort. Will most likely go with Virtual EMDR and also upgraded our internet to COMCAST
  - Mid-term report due December 2019.
- First Responder target population representative for El Paso County Suicide Prevention Council – will be working with public safety departments throughout El Paso County, specifically the Sheriff's Department
  - Chief Heberer will be the Key Note speaker and we are also on logistics team for 1<sup>st</sup> Annual Conference to occur on January 17, 2020. 254 have signed up
- Our first intern will be with SC4i from November 2019 through May 2020.
- Creating Intern plan for UCCS and UC Boulder's Leeds School of Business to discuss intern opportunities. They have many students from Colorado Springs and really seem interested in assisting us with more of the admin/marketing/social media needs. Will be working with them over next few months to define opportunities.
- Lifelines Documentary Series:
  - Finished final short film in series and are now working in a facilitator guide to go with series – 1<sup>st</sup> draft by Dec 15.
  - Looking for ways to raise \$15K for Adult Loved One film and a new production company. Proposing a Family PTSD Training Program that will include this film. May have an easier time with garnering funds and support for the film.

- Have been researching various production companies and in discussions with Bolt Video. They are more in line with what we are doing than SWB and the costs are lower as well. <https://www.bolt.video/pricing>
  - We would be looking at the \$3000 package for our family video and there may be additional smaller videos we can produce in the future to market SC4i and also hit on smaller topics as well.
- Supporting Woodland Park Police Department Mental Health Services under the Peace Officers Mental Health Grant Program – Goes through June 30, 2020
  - Providing up to 20 hours of counseling per month
  - Providing Quarterly Training for employees
  - Providing Monthly/Quarterly Peer Supporter Training
  - Providing 2 Peer Support Training Sessions – (1 completed/1 scheduled)
  - Conducting **Annual Mental Readiness Check** (not fit for duty) in Feb 2020
  - Cedar Springs Hospital will be sponsoring Peer Support Manuals
- Peer Support Training Development
  - Working with the following regional teams to provide Peer Support Training session for 2019:
    - Ute Pass Regional (Winter Session) will be January 8 – 14, 2020
    - Fort Carson Peer Regional is tentatively planned for early 2020.
    - Potential with working with El Paso Co Sheriff’s staff (deputy, co and dispatch) – Carl Simpson (El Paso/Teller 911 Authority) Bob Swales (EPCSO chaplain)
- Dave Ramsey’s Financial Peace University Class will start on February 6, 2020. Enrollment is now open. Registration fee is \$99 (\$30 less than standard fee).
- Networking and determining potential partners – Ongoing
  - Spoke with UCHHealth’s Lifeline Medical Helicopter Support – They want to do more with our organization
  - Working with Cedar Springs Hospital and they are open to sponsoring a few of our initiatives
  - Met with Angels of America’s Fallen and Pikes Peak Suicide Prevention Org to do fundraising and collaboration opportunities
- “Code 4 Together” PTS support groups. Meetings occur weekly on Tuesday (1800 – 1930) and Friday (0900 – 1030).
- Currently working on Social Media, Volunteer and Donor Plans
- **Email vote for 2 additional board positions (1 medvac and 1 lawyer) Agree/ Do Not Agree**

4) Current budget:

- Review current 2019 budget

5) Marketing Plan –

- Evaluating other grant and funding options for FY2019 and 2020
  - Sportsmen Community Foundation package was submitted on November 22, 2019, and we **did not** receive the award.
  - Moniker Foundation for 2020. Met with PM on December 4. Package is due in March 2020. Will be requesting general operating grant to support local clients.
  - CSHF for Main Funding for 2020. Met with PMs on November 15 and will be pursuing a general grant request again.
- IndyGive 2019:
  - Participated in PSA that will air on Fox 21 from Nov 1 – Dec 31.
  - We've received more donations so far, just at lower dollar values.
- Turkey Shoot Fundraiser (Sep 26 2020) Magnum, Angels of American's Fallen and SC4i. Currently in planning Stage.
- 3<sup>rd</sup> Annual Golf Tournament – May 8, 2020. Currently in planning stage and soliciting sponsorships. Registration website will be up and running by December 21.
- Checked with CFC and United Health Care charity programs. Registration will occur in February 2020.
- Contact Walmart Foundation (talk to district or regional manager)

6) Events for possible speaking, attendance and booth

- Any recommendations for early next year conferences?
  - Colorado Advocacy in Action Conference 2020 –Selected to provide 3-hour workshop on June 10 – focus is on provider mental readiness & resiliency
  - UC Health Trauma Conference (August 23 - 24, 2020) via booth scholarship
  - Recommend we attend the Fire Chiefs' Dinner as participant
  - EMS Safety Summit, April 2020 via booth scholarship
  - Submitted Speaker Application for Weld County Conference
- List will continue to be updated as new opportunities surface.

Future Business:

The next Board meeting is scheduled for January 20, 2020 at 1730.

//Signed//

Jeff Burchfield  
SC4I, Secretary