

# Minutes of the Meeting of Directors of Status: Code 4, Inc. (SC4i)

Date: November 18, 2019

Location: 2860 South Circle Drive, Ste. 300, Colorado Springs, CO 80906

Heidi Romero acted as chairperson, and Jeff Burchfield acted as secretary of the meeting.  
The meeting was called to order at 1730.

The following directors, constituting a quorum, were present at the meeting:

(Present in person): Jeff Burchfield, Daniel Crampton, Chris Heberer, Heidi Romero, and Ann Rush, Arno van Zoeren.

## Board Meeting's Notes:

- Approve Board Meeting notes from October 21, 2019
- Events that have occurred since October 21, 2019
- On-going activities
- Budget
- Marketing Results and Plans for 2019 - 2020

## Proceedings:

### 1) Review of last board meeting's minute notes for October 21, 2019:

- The attached (Attch. 1) meeting minutes from the Board Meeting for October 21, 2019 were provided to be approved.

### 2) Events that have occurred since October 21, 2019:

- Awarded a \$5K grant package to CS Osteopathic Foundation on June 20, 2019.
- Conducted Mental Readiness training:
  - Resiliency Training to Fort Carson Fire 29 and 31 Oct and 1 Nov.
  - MHFA to Aspen Pointe Employees on November 6, 2019
- Participated with Booths at the following events:
  - NAMI's Open House on October 23
  - Guffey Health Fair held on October 26
- Met with 911 Authority for El Paso and Teller Counties on November 6. We will be working with Carl Simpson (CEO) to establish an initial and on-going training component related to vicarious trauma and resiliency. Also working with Jen from WPPD to help tailor content to meet Dispatcher need.

- Met with UC Boulder’s Leeds School of Business to discuss intern opportunities. They have many students from Colorado Springs and really seem interested in assisting us with more of the admin/marketing/social media needs. Will be working with them over next few months to define opportunities.
- Held Fox 21 Interview on November 18, 2019 as an IndyGive Participant.
- Provided 47 - 1 to 1.5 hour sessions of individual counseling. We have now completed 1002 counseling sessions worth \$150,300 of trauma counseling at no cost to Colorado First Responders.

### 3) Current ongoing efforts:

- Providing Liberty High School’s EMT class with 2-hour Mental Awareness Class on November 23, 2019.
- Providing El Paso-Teller County Enhanced 911 Authority instructor staff Resiliency training during their “Lunch and Learn” hour on December 10.
- Received \$10K Grant from Telligen Community Initiative for 2019 to update our EMDR capabilities to support local and rural (on-line) clients. This also includes 12 trips to remote locations.
  - Obtained office EMDR equipment on July 19, 2019
  - Contacted RETAC POCs for all SE Quadrant regions with information. Colorado DA’s have offered to help us contact LE POCs in this region as well.
  - Currently assessing online EMDR platform for effort. Will most likely go with Virtual EMDR
  - Mid-term report due December 2019.
- First Responder Component Backbone organization for El Paso County Suicide Prevention Council – will be working with public safety departments throughout El Paso County, specifically the Sheriff’s Department
  - Chief Heberer will be the Key Note speaker and we are also on logistics team for 1<sup>st</sup> Annual Conference to occur on January 17, 2020
- Our first intern will begin in November 2019 to support our organization for at least the next 3 months.
- Lifelines Documentary Series:
  - Finished final short film in series and are now working in a facilitator guide to go with series – 1<sup>st</sup> draft by Dec 15.
  - Looking for ways to raise \$15K for Adult Loved One film and a new production company. Proposing a Family PTSD Training Program that will include this film. May have an easier time with garnering funds and support for the film.

- Have been researching various production companies and in discussions with Bolt Video. They are more in line with what we are doing than SWB and the costs are lower as well. <https://www.bolt.video/pricing>
  - We would be looking at the \$3000 package for our family video and there may be additional smaller videos we can produce in the future to market SC4i and also hit on smaller topics as well.
  
- Supporting Woodland Park Police Department Mental Health Services under the Peace Officers Mental Health Grant Program – Goes through June 30, 2020
  - Providing up to 20 hours of counseling per month
  - Providing Quarterly Training for employees
  - Providing Monthly/Quarterly Peer Supporter Training
  - Providing 2 Peer Support Training Sessions – (1 completed/1 scheduled)
  - Conducting **Annual Mental Readiness Check** (not fit for duty) in January 2020
  - Cedar Springs Hospital will be sponsoring Peer Support Manuals
  
- Peer Support Training Development
  - Working with the following regional teams to provide Peer Support Training session for 2019:
    - Ute Pass Regional (Winter Session) will be January 8 – 14, 2020
    - Fort Carson Peer Regional is tentatively planned for early 2020.
    - Potential with working with El Paso Co Sheriff's staff (deputy, co and dispatch) – Carl Simpson (El Paso/Teller 911 Authority) Bob Swales (EPCSO chaplain) – Miles to introduce Carl to Ann via email.
  
- Dave Ramsey's Financial Peace University Class will start on February 6, 2020. Enrollment is now open. Registration fee is \$99 (\$30 less than standard fee).
  
- Networking and determining potential partners – Ongoing
  - Spoke with UCHealth's Lifeline Medical Helicopter Support – They want to do more with our organization
  - Working with Cedar Springs Hospital and they are open to sponsoring a few of our initiatives
  - Met with Angels of America's Fallen and Pikes Peak Suicide Prevention Org to do fundraising and collaboration opportunities
  
- "Code 4 Together" PTS support groups. Meetings occur weekly on Tuesday (1800 – 1930) and Friday (0900 – 1030).
  
- Currently working on Social Media, Volunteer and Donor Plans
  
- Ann to send an email vote for 2 additional board positions (1 medvac and 1 lawyer)

4) Current budget:

- Review current 2019 budget

5) Marketing Plan –

- Evaluating other grant and funding options for FY2019 and 2020
  - Sportsmen Community Foundation package will be submitted on November 22, 2019. Will know the results in late December/early January.
  - Moniker Foundation for 2020. Meeting with PM on December 4. Package is due in March 2020. Will be requesting \$7K for Neurofeedback upgrade (QEEG) to support local clients.
  - CSHF for Main Funding for 2020. Met with PMs on November 15 and they think we should pursue general grant request again.
- IndyGive 2019:
  - Participated in PSA that will air on Fox 21 from Nov 1 – Dec 31.
  - Participating in a Give!ng Thanks in the Forest event in Black Forest, CO on Saturday November 23.
- Turkey Shoot Fundraiser (Sep 19 or 26 2020) Magnum, Angels of American’s Fallen and SC4i. Currently in planning Stage.
- 3<sup>rd</sup> Annual Golf Tournament – May 8, 2020. Currently in planning stage and soliciting sponsorships.
- Checked with CFC and United Health Care charity programs. Registration will occur in February 2020.
- Contact Walmart Foundation (talk to district or regional manager)

6) Events for possible attendance and exhibit booth

- Any recommendations for early next year conferences?
  - UC Health Trauma Conference (August 23 - 24, 2020) via booth scholarship
  - Recommend we attend the Fire Chiefs’ Dinner as participant
  - EMS Safety Summit, April 2020 via booth scholarship
  - Colorado Victim Advocates Conference next summer – may try to get a speaking slot with that
- List will continue to be updated as new opportunities surface.

Future Business:

The next Board meeting is scheduled for December 16, 2019 via email. Note: A question came up regarding start times of our board meeting and if that start time could occur during standard business hours. It was recommended that this question be addressed at this meeting. The board voted to keep the meetings at 1730 start time.

There being no further business to come before the meeting, the meeting was adjourned at 1834.

//Signed//  
Jeff Burchfield  
SC4I, Secretary