



Status: Code 4, Inc.

More Information

Providing Mental Health Services To First Responders And Their Family Members

Status: Code 4, Inc. (SC4i) is now sending out monthly newsletters to our growing team. If you are receiving this then **count yourself as one of our amazing members** who have participated in our golf tournaments or provided us with a financial or in-kind gift!

Our team is having another winning season and your support and contributions are making a positive impacting in our First Responder Community.



WE'VE GONE NATIONAL!

We are so fortunate to be a **collaborative partner with the Jason Foundation**, a National Youth Suicide Prevention and Awareness Organization on their latest product: **Suicide Prevention Training Module for First Responder**. This module, due to release in early Spring, will be **available at no cost to First Responders across our nation**. It shares how our First Responders can help their communities in youth suicide prevention and how they can help their peers in addressing suicide.



COVID-19 UPDATES

Though this virus is impacting our community, our team is now **providing uninterrupted telehealth (with EMDR) to our local and rural responders**. Generous grants from [Telligen Community Initiative](#) and the [PPCF Emergency Relief Fund](#), along with in-kind support from [Virtual EMDR](#) have made this capability possible. We are so grateful for their support.

Additionally, if you or a loved one are experiencing a mental health crisis at any time here are a few Colorado resources:

- Colorado Crisis Center Hotline: 1-844-493-8255
- Colorado Crisis Chat at <https://coloradocrisiservices.org/>
- Text "TALK" or "Badge" or "Blue" to 741741

TEAM STATS - 1st QUARTER 2020

Provided 234 trauma healing sessions valued at \$35,100

Provided 5 Mental Health and Resiliency classes to 221 attendees across the Pikes Peak and San Luis Valley Regions of Colorado

Provided UTE Pass Regional Peer Support Training in January 2020

Conducted Dave Ramsey's Financial Peace University (9 week class)

Committee Member for 1st Annual [El Paso County Suicide Prevention](#) Conference - Call to Action



UP-COMING EVENTS

Colorado Advocacy in Action Conference, June 10, 2020, Presenter: [Provider Mental Readiness](#) — *Resiliency to Vicarious Trauma, Compassion Fatigue and Burnout IS Possible on June 10, 2020*

CO [NENA APCO 2020](#) Conference, Digital Takeover, July 2020, Breakout Session
Presenter: *Dispatcher Mental Readiness and Resiliency to Vicarious Trauma, Compassion Fatigue*



SAVE THE DATE

Our 3rd Annual Golf Tournament is now scheduled for July 24, 2020. Shotgun Start is 0800.

We would be happy to support a site visit for you in the near future.

We are located at:

2860 South Circle Dr., Ste. 300
Colorado Springs, CO 80906
(719) 822-3387



Email Us