

The Status Report

A NEWSLETTER FOR THE COMMUNITY



2019 Activity Report

BY STAFF

Our generous donor contributions have paved the way for SC4i to have an incredible 2019! We reached a huge milestone when we finally provided **\$128,350** worth of free trauma healing therapy to first responders and their family members.

We delivered several Mental Wellness related training classes and podcasts that covered topics such as Depression, PTSD, Anxiety and Suicide Prevention, to public safety (paid and volunteer) agencies in El Paso and Teller Counties to include the volunteers with Teller County Search and Rescue. We also delivered a 40-hour Peer Support Class to new members of the Ute Pass Regional Peer Support Team.

We released our sixth short film on Substance Use Disorder within our Lifelines Documentary Series in January 2019. The series has reached 742K individuals on Facebook. We are also excited for Emily Kretschmer winning the 2019 Stephanie A. Foote Leadership Prize for her Gold Award Efforts. Emily worked with SC4i to produce the Lifelines' First Responder Kids film and its accompanying facilitator guide.

We even had the honor of being recognized as Girl Scout Troop 40609's "Home Town Hero".

Finally, Dr. Crampton had the honor of being the Lead Psychologist for Colorado's First Emergency Responder Trauma Retreat where 8 First Responders experienced a week of intensive trauma healing therapy. The retreat was held in Black Forest, CO.



SC4i Events

BY STAFF

This year, SC4i has had the pleasure of attending and holding several events in 2019. In January, the Pikes Peak Fire Chiefs Council invited us to attend their Annual Dinner and to be their "Silent Auction" recipient and recipient of \$4,620.

In March, we were invited to speak at the National Emergency Medical Services Advisory Council's Safety Summit. There, Dr. Daniel Crampton joined a panel to discuss PTSD among EMS personnel.

Dr. Rush, Dr. Crampton and Police Chief Miles De Young (SC4i Board President), were invited by the UCCS Criminal Justice Honor Society to present a First Responder Situation Report to their staff and student body. We also had the opportunity to be guest speakers at two Metro State University PTSD Seminars where we explored Cultural Competence and Vicarious Trauma.

In May, SC4i held its 2nd Annual Golf Tournament. Though the temperature barely rose above 45 degrees, we had 120 golfers, 8 volunteers and 7 sponsors participate in the tournament. We ended up receiving \$14,031 in contributions (to include in-kind donations) and our total proceeds were \$5,601. YEAH!!



June and July provided SC4i with the opportunity to meet with Fire Fighters on Fort Carson and the volunteers with the Teller County Search and Rescue. We will continue to provide various training with these organizations over the next six months.

Former SC4i Client - "I've had an issue with finding a therapist who spoke the language of first responders and certainly one who sees what we see. Dan understands what we see, how we feel, and how we speak as first responders. I greatly appreciate what he is doing. He saved my life and has affected how I approach issues, my relationships, and the things I see on the job."

Finally, throughout July and August we had the opportunity to plan for our exciting Annual First Responder Family's Race Night at Overdrive Raceway! We had hundreds of First Responders and their family members show up for food, games, races and prizes.



Donor and Grant Corner

We at SC4i have been so blessed this year with the donations and grants we've received. Below is a highlight of our proceeds.

Pikes Peak Fire Chiefs Council - \$4,620
Indy Give Class of 2018 - \$6,240
Colorado Springs Health Foundation - \$5,000
Telligen Community Initiative Foundation - \$10,000
Woodland Park Police Department (DOLA Grant) - up to \$42,000 (multi-year)
Anonymous Donors - \$7,475

Stay Tuned - We made Indy Give Class 2019 so you'll see more of us later this year!